Trace Anomaly in Dense Matter with Strong Phase Transitions

[arXiv: 2408.11614]

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EoS Measurements with Next-Generation Gravitational-Wave Detectors (INT-24-89W, Seattle, Washington, USA 2024)

Outline

Motivations

- 2 Twin-star Matter Essentials
- Trace Anomaly in Dense Matter
- Trace Anomaly and Twin Stars
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6 Summary

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1. Motivation



Cartoon of the QCD phase diagram [Drischler *et al.*, 2021]

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Motivation



Phase boundaries and EoS (left) and corresponding M-R diagram (right) [Ecker et al., 2402.11013]

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Motivation



Dynamical general-relativistic twin-star formation [Naseri *et al.*, 2406.15544]

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2. Twin-star matter essentials



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3. Trace anomaly in dense matter

• QCD trace anomaly as measure of breaking conformal invariance:

$$\eta_{\mu\nu} T^{\mu\nu}_{\rm QCD} \equiv T^{\mu}_{\mu} = \frac{\beta_{\rm QCD}}{2g} G^a_{\mu\nu} G^{\mu\nu}_a + (1+\gamma_m) \sum_f m_f \overline{q}_f q_f.$$

• Thermal/dense case:

$$\left\langle T^{\mu}_{\mu}\right\rangle_{\mu_{B},T}=\epsilon-3P.$$

• Normalized thermal/dense case:

$$\Delta \equiv rac{\langle T^{\mu}_{\mu}
angle_{\mu_B,T}}{3\epsilon} = rac{1}{3} - rac{P}{\epsilon}.$$

Causality and non-relativistic limits

$$-rac{2}{3}(pprox -0.667) \leq \Delta < rac{1}{3}(pprox 0.333).$$

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Trace anomaly in neutron-star interiors



4. Trace Anomaly and 1st-order Phase Transitions



Behavior of \triangle for different kinds of extreme matter [J. C. J. *et al.*, 2408.11614]

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Twin-star Matter and Seidov's Criterium

Constant-speed-of-sound parametrization

$$\epsilon(P) = \begin{cases} \epsilon_{\rm H}(P) & P < P_t, \\ \epsilon_{\rm H}(P_t) + \Delta \epsilon + s^{-1}(P - P_t) & P > P_t. \end{cases}$$

• Seidov's criterium

$$\Delta \epsilon \geq \Delta \epsilon_{
m crit} \equiv rac{1}{2} \epsilon_t + rac{3}{2} P_t.$$

• Particular set of parameters (in units of $MeV fm^{-3}$)

Category	$\epsilon_H^{\max} = \epsilon_t$	ϵ_Q^{\min}	P_t	$\Delta \epsilon$	c_s^2
I	333.08	607.34	70	274	1
II	333.08	878.88	70	545	1
	263.73	441.62	30	178	1
IV	212.91	370.85	10	157	1

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Studied Twin-Star Equations of State



Family of EoSs for Category I-IV stable twin stars with rapid conversions.

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Trace Anomaly (Δ) for the 3 sectors of the EoS

• Behavior at the mixed phase (Maxwell construction)

$$egin{aligned} c_s^2 &= c_{
m s,\ deriv}^2 + c_{
m s,\ nonderiv}^2 = rac{dP}{d\epsilon}. \ c_{
m s,\ deriv}^2 &\equiv -\epsilon rac{d\Delta}{d\epsilon}, \quad c_{
m s,\ nonderiv}^2 \equiv rac{1}{3} - \Delta. \ \Delta_{
m mix}(\epsilon) &= rac{1}{3} \left(1 - rac{\epsilon_H^{
m max}}{\epsilon}
ight) + rac{\epsilon_H^{
m max}}{\epsilon} \Delta_H^{
m max}. \end{aligned}$$

• Behavior in the quark phase in the CSS parametrization

$$\Delta_Q(\epsilon) = \left(rac{1}{3} - s
ight) \left(1 - rac{\epsilon_Q^{\min}}{\epsilon}
ight) + rac{\epsilon_Q^{\min}}{\epsilon} \Delta_Q^{\min}$$

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M–*R* for rapid Category II twin stars



Δ for rapid Category II twin stars



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M-R for slow Category II twin stars



Δ for slow Category II twin stars



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5. Some insights for dense QCD

• Conjecture of $\Delta > 0$ (Fujimoto et al., 2022) through

$$rac{\epsilon-3P}{P_{
m ideal}}=\mu_Brac{dN_{
m eff}}{d\mu_B}>0,$$

where $N_{\rm eff} \equiv P/P_{\rm ideal}$ and $P_{\rm ideal} \equiv N_c N_f \frac{\mu_B^4}{12\pi^2}$.

• In our case, a finite latent heat, Q, is present:

$$Q = \mu_c \Delta n_B = \left[T^{\mu}_{\mu} (\mu^+_B \to \mu_c) \right]_{\mathrm{Q}} - \left[T^{\mu}_{\mu} (\mu^-_B \to \mu_c) \right]_{\mathrm{H}},$$

or equivalently

$$\frac{Q}{\mu_{c}^{4}} = \mu_{c} \left[\left(\frac{dN_{\text{eff}}^{Q}}{d\mu_{B}^{+}} \right) - \left(\frac{dN_{\text{eff}}^{H}}{d\mu_{B}^{-}} \right) \right]_{\mu_{B}^{\pm} \to \mu_{c}}$$

Now, the quark phase in CSS parametrization (1st-order transition)

$$P_Q(\mu_B) = N\mu_B^{1+\gamma} - B$$

Some insights for dense QCD



Corresponding $P/P_{\rm SB}$ vs μ_B for twin stars.

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Trace Anomaly in Twin Stars

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Corresponding ' Δ ' vs ' μ_B ' for twin stars

• It can be written at all densities as

$$\Delta(\mu_B) = \begin{cases} \Delta_H(\mu_B) & \mu_B < \mu_c ,\\ \Delta_Q(\mu_B) & \mu_B > \mu_c \end{cases}$$

In this case, the normalize trace anomaly for the quark phase is

$$\Delta_Q = \frac{4B - 3N\gamma\mu_B^{1+\gamma}\left(c_{s,Q}^2 - 1/3\right)}{B + N\gamma\mu_B^{1+\gamma}},$$

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Corresponding ' Δ ' vs ' μ_B ' for twin stars



Corresponding ' Δ ' vs ' μ_B ' for twin stars.

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Conformality, $d_c = \sqrt{\Delta^2 + (\Delta')^2}$, vs n_B/n_0



Conformality factor ' d_c ' defined in [E. Annala et al., Nat Commun 14, 8451 (2023)].

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6. Summary

- We performed a comprehensive analysis of Δ in the presence of strong first-order phase transitions realized at the cores of twin NS.
- We found that these Δ's show an abrupt decreasing trend to negative values at intermediate densities after the onset of stiff quark matter.
- If fully stable twin stars exist in nature (through large $c_{s,Q}^2 \sim 1$), the $\Delta < 0$, in particular, reaching $\Delta \simeq -0.35$.
- Future (agnostic) Bayesian studies constraining the NS EoS should take into account these non-trivial possibilities.

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